What is claimed is:

- An infant sleep support device comprising:
 an adjustable strap member; and
- a plurality of movement restrictors releasably securable to said adjustable strap member.
- 2. The infant sleep support device of claim 1 wherein said plurality of movement restrictors is releasably securable to said adjustable strap member by hook and loop fasteners.
- 3. The infant sleep support device of claim 1 wherein said plurality of movement restrictors is releasably securable to said adjustable strap member by snaps.
- 4. The infant sleep support device of claim 1 wherein said plurality of movement restrictors is inflatable.
- 5. An infant sleep support device comprising:
 - a clothing article;
- a first attachment member positioned on said clothing article;

- a second attachment member positioned on said clothing article opposite said first attachment member;
- a first movement restrictor having a third attachment member for releasably engaging said first attachment member; and
- a second movement restrictor having a fourth attachment member for releasably engaging said second attachment member.
- 6. The infant sleep support device of claim 5 wherein said third attachment member is releasably engaged to said first attachment member by a hook and loop fastener.
- 7. The infant sleep support device of claim 5 wherein said third attachment member is releasably engaged to said first attachment member by a snap.
- 8. The infant sleep support device of claim 5 wherein said forth attachment member is releasably engaged to said first attachment member by a hook and loop fastener.
- 9. The infant sleep support device of claim 5 wherein said forth attachment member is releasably engaged to said first attachment member by a snap.

- 10. The infant sleep support device of claim 5 wherein said first movement restrictor is inflatable.
- 11. The infant sleep support device of claim 5 wherein said second movement restrictor is inflatable.
- 12. A method for forming an infant sleep support, said method including the steps of:

attaching a first attachment member to a clothing article;

attaching a second attachment member to the clothing article opposite the first attachment member; and

providing at least one movement restrictor having a third attachment member for releasably engaging the first or second attachment member.